

CONFIDENTIAL FEMALE HORMONE EVALUATION

Please fill out completely, then fax to:

Premier Specialty Pharmacy
Attn: Buffy Gougelmann, PharmD

Once received, we will contact you to schedule your hormonal consultation either in person or by phone.

Today's Date: _____

Name: _____ **Birthdate:** _____ **Age:** _____

Address: _____
Street City State Zip

Primary Phone: _____ **Primary Email:** _____

Height: _____ Weight: _____ Desired Weight: _____

Doctor's Name: _____ **Address:** _____ **Phone:** _____

If **YES**, how often and how much?

Do you use tobacco?	• Yes	• No	_____
Do you use alcohol?	• Yes	• No	_____
Do you use caffeine?	• Yes	• No	_____
Do you exercise?	• Yes	• No	_____

Allergies: Please list any allergies and describe the reaction that occurred

Drugs: _____
Foods: _____
Other: _____

Over-the-Counter Medication History: Please list all non-prescription medications that you are taking. (Include vitamins, herbals, and supplements): _____



PREMIER SPECIALTY PHARMACY
11720 Medlock Bridge Rd. #162
Johns Creek, GA 30097
Phone: 770-622-8901 **FAX: 770-622-8900**

Medical Conditions/Diseases: Please list any conditions/diseases that you have been diagnosed with or suffer from. (Examples include: Heart disease, high blood pressure, depression, ulcers, arthritis, insomnia, etc).

Current Prescription Medications (including hormones):

Medication Name and Strength	Date Started	How often per day
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<u>List Hormones Previously Taken:</u>	Date Started	Date Stopped	Reason

Have you ever used oral contraceptives (birth control)? • Yes • No
If you experienced any problems, please describe: _____

How many pregnancies have you had? _____ How many children? _____
Any Interrupted pregnancies? • Yes • No
If yes, please explain: _____

Have you had a tubal ligation? • Yes • No If yes, date of surgery: __
Have you had a hysterectomy? • Yes • No If yes, date of surgery: __

Reason: _____ Do your ovaries remain? • Yes • No

Do you have a family history of any cancers or osteoporosis? Please list the family member(s):

Have you had any of the following tests performed?

Mammography	• Yes • No	Date: _____	Outcome: _____
PAP Smear	• Yes • No	Date: _____	Outcome: _____
Bone Density	• Yes • No	Date: _____	Outcome: _____

What age did your period start? _____ How many days is/was your cycle (Example: 28): _____
Any clots? • Yes • No
Is/was your menstrual flow heavy or light? _____

Have you ever had what YOU would consider to be abnormal cycles? • Yes • No
Explain: _____

When was your last period? _____ How many days did it last? _____



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Do you or have you ever suffered from Premenstrual Syndrome (PMS) symptoms? • Yes • No

Explain: _____



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Patient Name: _____

	Absent	Mild	Moderate	Severe
Hot Flashes	_____	_____	_____	_____
Night Sweats	_____	_____	_____	_____
Vaginal Dryness	_____	_____	_____	_____
Incontinence	_____	_____	_____	_____
Bleeding Changes	_____	_____	_____	_____
Fibrocystic Breast	_____	_____	_____	_____
Weight Gain	_____	_____	_____	_____
Fluid Retention	_____	_____	_____	_____
Dry Skin/Hair	_____	_____	_____	_____
Hair Loss	_____	_____	_____	_____
Anxiety	_____	_____	_____	_____
Depression	_____	_____	_____	_____
Mood Swings	_____	_____	_____	_____
Irritability	_____	_____	_____	_____
Headaches	_____	_____	_____	_____
Breast Tenderness	_____	_____	_____	_____
Cramps	_____	_____	_____	_____
Difficulty Falling Asleep	_____	_____	_____	_____
Difficulty Staying Asleep	_____	_____	_____	_____
Fatigue	_____	_____	_____	_____
Loss of Memory	_____	_____	_____	_____
Foggy Thinking	_____	_____	_____	_____
Acne	_____	_____	_____	_____
Arthritis	_____	_____	_____	_____
Decreased Sex Drive	_____	_____	_____	_____
Harder to Reach Climax	_____	_____	_____	_____
Stress	_____	_____	_____	_____
Other:	_____			



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What are your goals for taking Hormone Replacement Therapy?

- 1.
- 2.
- 3.

Please list any other important information that you feel we should know about. In addition, please write down any questions you may have about Prescription Bio-Identical Hormone Replacement Therapy (Rx BHRT), or other medications.

- 1.
- 2.
- 3.

Doctor that we should contact for this therapy:

Name: _____

Phone: _____

Address: _____
Street City State Zip

*****Please include a copy of all relevant lab work, including your most recent hormone levels*****
